



**EXTRANAT** → Mercredi 31 mai minuit

## LES JOURNEES QUALIFICATIVES : J.O.QU.A.

### PROGRAMMES

JOQUA 1				JOQUA 2				JOQUA 3			
REUNION 1		REUNION 2		REUNION 1		REUNION 2		REUNION 1		REUNION 2	
800m NL	M	800m NL	D	1500m NL	M	1500m NL	D	50m NL	M	50m NL	D
50m NL	D	50m NL	M	50m Pap	D	50m Pap	M	400m 4N	D	400m 4N	M
100m NL	M	100m NL	D	50m Dos	M	50m Dos	D	200m 4N	M	200m 4N	D
50m Br	D	50m Br	M	200m 4N	D	200m 4N	M	200m Br	D	200m Br	M
200m Br	M	200m Br	D	100m NL	M	100m NL	D	100m Br	M	100m Br	D
100m Br	D	100m Br	M	200m Pap	D	200m Pap	M	100m Pap	D	100m Pap	M
400m 4N	M	400m 4N	D	100m Dos	M	100m Dos	D	200m NL	M	200m NL	D
200m NL	D	200m NL	M	200m Dos	D	200m Dos	M	400m NL	D	400m NL	M
50m Dos	M	50m Dos	D	100m Pap	M	100m Pap	D	200m Pap	M	200m Pap	D
100m Dos	D	100m Dos	M	400m NL	D	400m NL	M	50m Pap	D	50m Pap	M
200m Dos	M	200m Dos	D					50m Br	M	50m Br	D

FINALE CHALLENGES			
1ère réunion		2ème réunion	
8H/9h30		14h/15h	
200m 4N	D	200m 4N	M
400m NL	M	400m NL	D
200m Dos	D M	50m Dos	D M
50m Br	D M	200m Br	D M
200m Pap	D M	50m Pap	D M
100m NL	D M		